

# Learn To Love in Ocho Rios, Jamaica

## JOIN The ZenSpot & Essential Hot Yoga

*This 300-Hour Module training will examine the complexities of Bhakti Yoga and the path of devotional service by delving into the power of learning to love as a way to a deeper yogic path, teaching methodology and daily practice. Study of the Bhakti Vedanta path is the focus and sources of study and discussion will include The Bhagavad Gita, The Yoga Sutras and The Yoga of Relationships.*

THE ZENSPOT



**December 29, 2019 – January 6, 2020**

*Deadline for Registration: October 15, 2019*

**Single Occupancy: \$3499 | Double Occupancy: \$2999**

**SIGN UP TODAY!**

[www.zenspotmbs.com](http://www.zenspotmbs.com)